



Lesson 7: Consumer choices

making good choices about your use of plastic

What can we use instead of plastic?

This lesson will introduce students to the idea of consumer responsibility and how we can make choices to help reduce the amount of plastic we use in our day to day lives. They will learn that one of the areas in which they can have most impact is in reducing their consumption of single-use plastic, particularly that used in packaging. Children will be taught that responsible shopping choices and consumer pressure can lead to supermarkets changing their products as they will not stock items if people don't buy them. In the "Top Choice" game pupils will consider plastic items in terms of their durability, reusability, recyclability and cost and will have to make choices about which are "worst, better and best" choices as a consumer.

Science concepts

The children will consider

- that the choices we make as consumers can change what and how much is produced, leading to a positive impact on the environment
- that plastic may not always be the best choice of material for certain products, particularly those which are only used once

Science skills

- interpreting and communicating results
- evaluating

Key vocabulary

consumer, durable, marine animals, microplastic, recyclable, reusable, single-use, tyre particles

You will need

- Each small group will need a set of "Top Choice" cards
- [Additional Printable: Top choice cards](#)