

LET'S LOOK



Choose something to look at. Look at it carefully and time yourself for 30 seconds. How many different things did you notice? You could tell someone else what you saw.

You could look at the school building, the sky, plants or trees, children in the playground or a street.

Close your eyes and try to open them after exactly 30 seconds. Use the timer to check you are right.

LET'S THINK



- Are days always the same length of time?
- How long can you stand still for? How does this make your body feel?

LET'S WONDER



What questions could you ask each other about time in the world around you?

Why... Where... How... When... What if...