

Throw the javelin as far as you can.

**What makes it move forwards?**

**What makes it fall?**

**Can you name all the forces acting on the javelin as it travels through the air?  
What about when it is back on the ground?**

Examine the shoes and pull each one along the floor using a force meter.

**What differences can you see?**

**Can you feel any differences as you pull them?**

**Why do you think this is?**

Take a corner of the sheet each.

**What happens when you lift it up together?**

**What happens if you pull it down together?**

**Why does this happen?**

**Can you think of uses  
of this in real life?**

Place each item in the water, one at a time.

**Which ones float and which ones sink?**

**Why do some float and some sink?**

**Can you name something else that would float?**

**Can you name something else that would sink?**

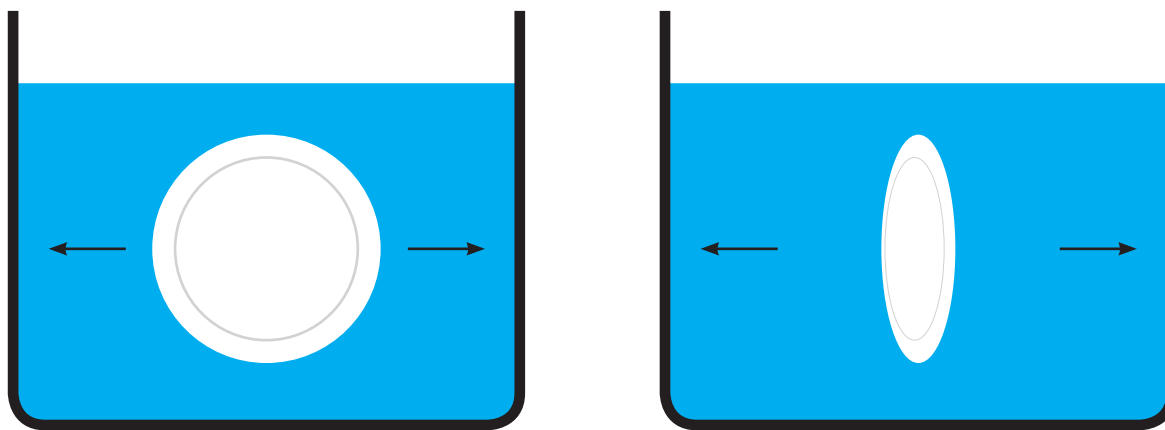
Push the plate along in the water as shown in the diagram.

**What differences do you notice?**

**Why are there differences?**

**How do fish and boats take advantage of this?**

YEAR 5  
FORCES:  
**05 – PLATE**



Lift the weight by pushing on the opposite end of the ruler. Repeat, moving the pencil to different positions along the ruler.

**When is the weight easier to lift?**

**Why do you think this is?**

**Can you think of examples of levers used in everyday life?**