

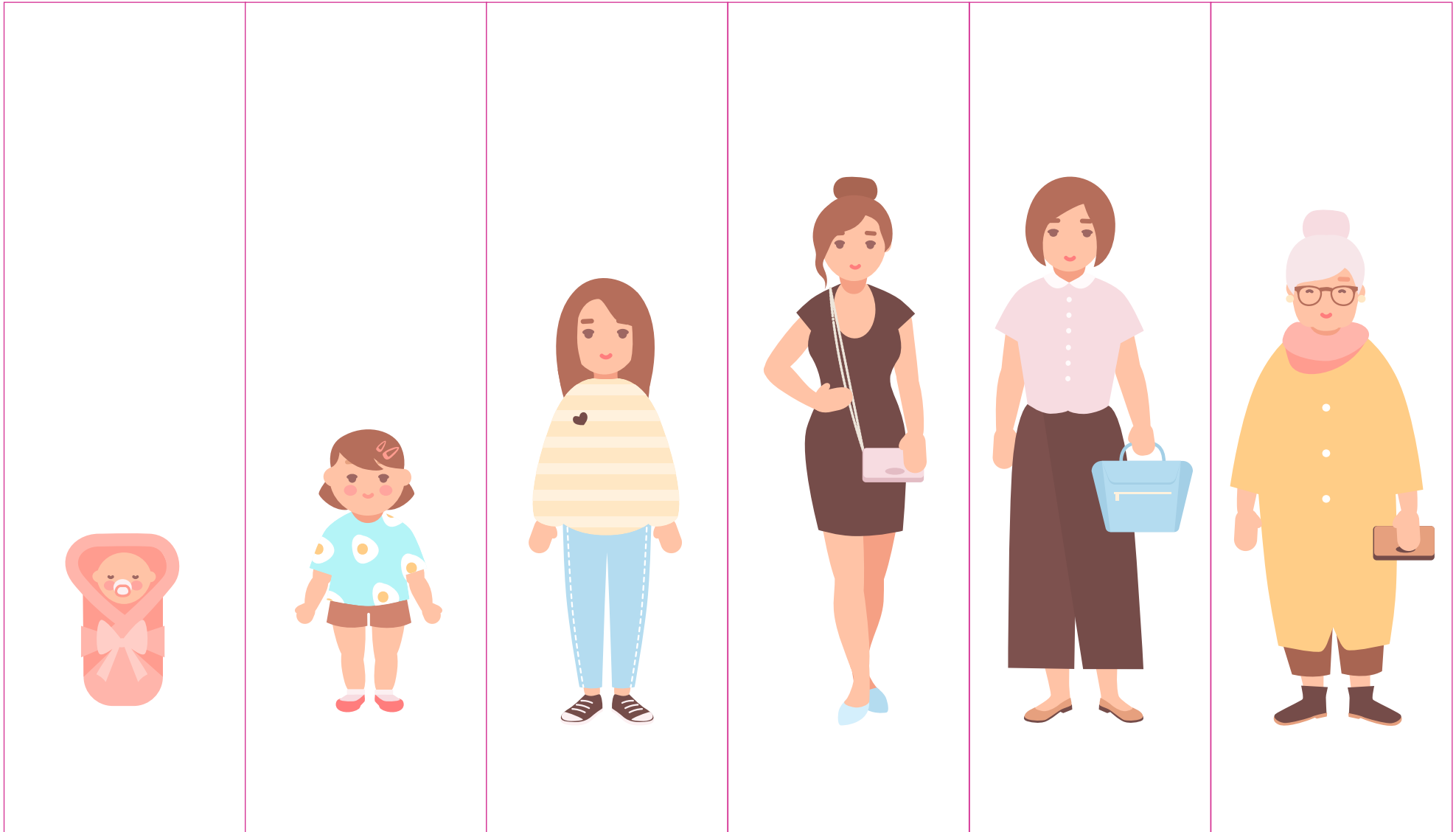
Examine the cards.

**Can you put the cards
in chronological order?**

Can you name each stage?

**How could we adapt this sequence
to show the human life cycle?**

YEAR 5
GROWTH AND DEVELOPMENT OF HUMANS:
01 – TIMELINE



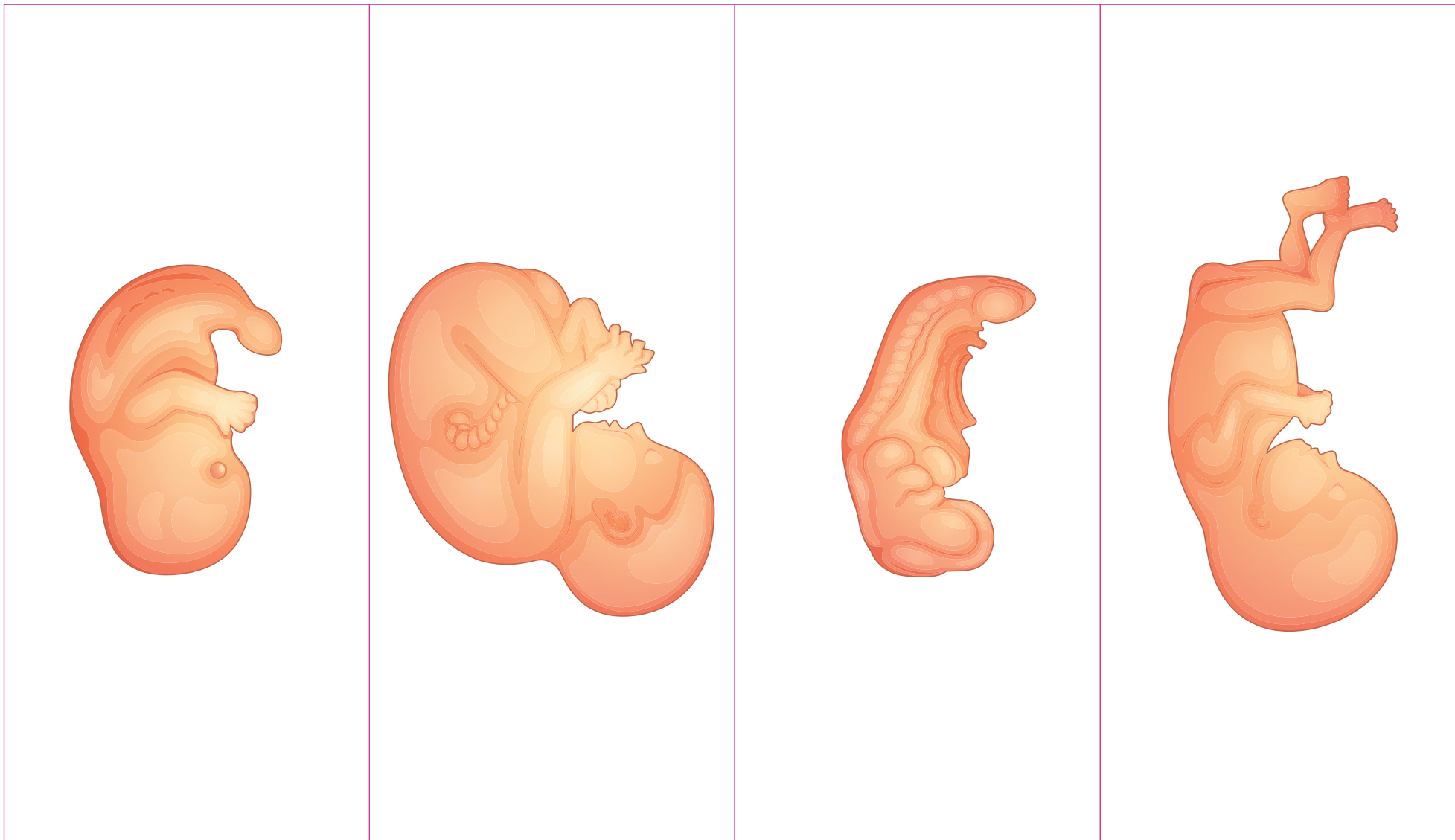
Examine the cards.

**Can you put these cards
in order of development?**

**How long does a human baby take
to develop before it is born?**

Where does a human baby develop?

YEAR 5
GROWTH AND DEVELOPMENT OF HUMANS:
02 – HUMAN GESTATION



Examine the cards.

Can you name each animal?

Order the animals according to how long their babies take to develop before being born.

Why do some take longer to develop than others?

YEAR 5
GROWTH AND DEVELOPMENT OF HUMANS:
03 – ANIMAL GESTATION



YEAR 5
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GROWTH AND DEVELOPMENT OF HUMANS:
03 – ANIMAL GESTATION



Examine the cards.

**Can you put the cards into
chronological order?**

**How much does an average newborn baby weigh?
How much does an average one year-old weigh?**

**Can you match the development
milestones to the correct picture?**

YEAR 5
GROWTH AND DEVELOPMENT OF HUMANS:
04 – BABY GROWTH



YEAR 5

GROWTH AND DEVELOPMENT OF HUMANS:

04 – BABY GROWTH

FOCUSSING AND SMILING	STANDING AND TAKING STEPS WITH SUPPORT	LIFTING HEAD AND SHOULDERS	WALKING
SITTING	MAKING SOUNDS	CRAWLING	FIRST WORDS

Examine the cards.

What is puberty?

**Which of these changes
are linked to puberty?**

**Can you sort them into those affecting boys,
those affecting girls and those affecting both?
Why do boys and girls experience different things?**

YEAR 5

GROWTH AND DEVELOPMENT OF HUMANS:

05 – PUBERTY

HAIR GROWTH IN ARMPITS	EYES CHANGE COLOUR	PUBIC HAIR GROWS	SKIN BECOMES OILY
TESTICLES AND PENIS GROW	BODY SWEATS MORE	FRECKLES INCREASE	GROW TALLER AND HEAVIER
MOOD SWINGS	VOICE BECOMES DEEPER	BODY CHANGES SHAPE	PERIODS BEGIN
HAIR FALLS OUT	BREASTS DEVELOP	FACIAL HAIR APPEARS	SKIN CHANGES COLOUR

Examine the statements.

**Which of these are necessary
in order to keep healthy during puberty?**

Why are each important?

Do these statements differ for boys and girls?

YEAR 5

GROWTH AND DEVELOPMENT OF HUMANS:

06 – HEALTH DURING PUBERTY

A HEALTHY DIET	A GIRLFRIEND OR BOYFRIEND	STRESS MANAGEMENT TECHNIQUES	LOTS OF FRIENDS
GOOD PERSONAL HYGIENE	GOOD RELATIONS WITH PARENTS	TIME OFF SCHOOL	ADEQUATE SLEEP
REGULAR EXERCISE	A HEALTHY BODY WEIGHT	GOOD ORGANISATION	SOMEONE TO TALK TO