

# Let's Talk



## Diet, Diabetes, Obesity

### CONFIDENTIAL QUESTIONNAIRE

- 1) Why do you think young people in Scotland, of your age, weigh much more than young people did 10 years ago?

- 2) List 3 risks to your health from being overweight?

Risk 1:

Risk 2:

Risk 3:

- 3) How do you think it feels to be overweight?

- 4) In general how do you think people behave towards people who are overweight?  
*Tick your choice.*

In a negative way

As if the overweight person was stupid

In a positive way

As if the person was not overweight

- 5) What is Type 2 Diabetes?

- 6) Do you think that people will continue to become more and more overweight?

Yes  No

Give a reason