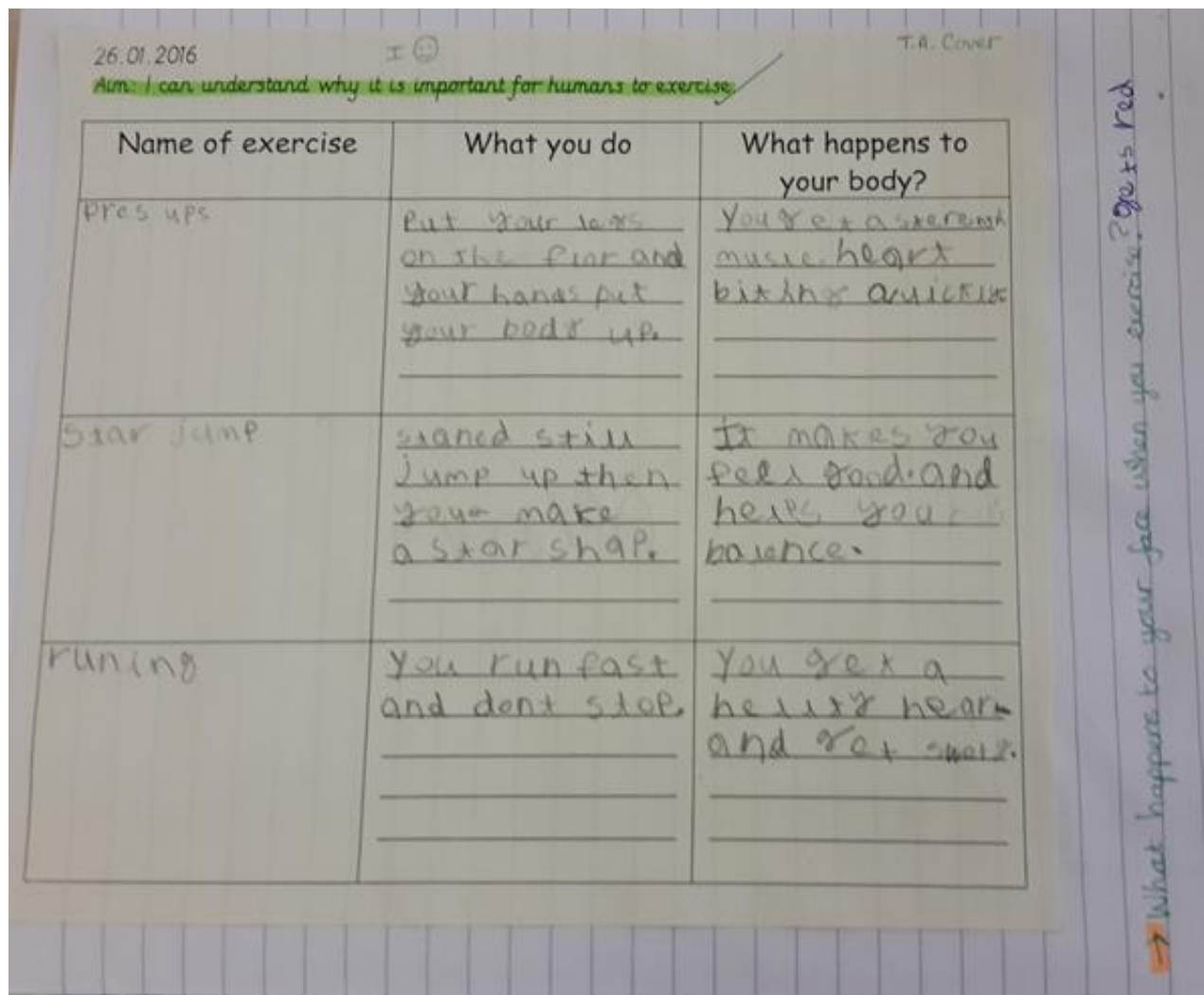


Topic: Animals including humans	Year 2 Age 6-7	Title: Exercise ideas
Working Scientifically Link Review: using their observations and ideas to suggest answers to questions		Conceptual Knowledge Focus describe the importance for humans of exercise

Example

Children were asked to choose and do three exercises. They then considered the effect of exercise on their bodies and discussed why it is important for humans to exercise.



Children meeting the objective would be able to record or discuss their ideas about the importance of exercise eg. *You get a healthy heart and body. It makes you feel good and helps you balance. You get strong muscles.*

Example from Drove Primary School, Swindon