### Activity

Children identify different flavours of yoghurt or drinks. They discuss how their senses helped them to identify the unknown flavours.

(NB. Check allergies and remind not to drink unknown liquids in ‘real life’).

A [lesson plan](#) for this activity can be found on the PSTT [website](http://www.pstt.org.uk).

### Examples from Primary 2 (age 5-6)

*Pupils recorded their predictions about the flavour of drinks; we then discussed what the actual drink was. Part of the discussion involved asking how we knew the flavour and what senses we used to work it out.*

This pupil was able to tell me that the flavour of the drink was orange juice. She initially knew by the taste, but she also commented that the colour helped her. She noted too that the drink had an "orangey smell".

I thought it was apple juice because it was green. It was just water! Teacher tricked us out because she put food colouring in the bottle.

Children meeting the objective would be able to identify different flavours using their sense of taste, beginning to discuss how their other senses to help them.

Example from St Colmcille’s Primary School, Ballymena, County Antrim